



COSMETIC TATTOO - pre treatment info

1. Do not take any anti-inflammatory remedies such as aspirin, paracetamol etc.
2. Please **do not drink alcohol 24 hours prior** to the treatment.
3. Consult your doctor for any specific concerns such as recent surgery or current medications, particularly blood thinners.
4. Contact lenses should not be worn during an eyeliner procedure and 2 days after it.
5. Please do not shape or wax your brows before the procedure. Your technician will shape brows during the procedure.
6. Botox, AHA products and retinoids should be avoided for 2 weeks prior to the procedure.
7. Exfoliating treatments such as microdermabrasion should not be performed within 2 weeks prior to procedure.
8. Chemical and laser peels should be avoided no less than 6 weeks prior to procedure.
9. Patients prone to cold sores/fever blisters are advised to take vitamins prior to treatment and an anti-viral medicine after treatment.
10. Hormone therapies can affect pigmentation and/or cause sensitivity.
11. Menstruation can cause increased sensitivity. Please be sure that you have not have your period for eyeliner and lips treatment.
12. Please be sure that you are not pregnant or breastfeeding.
13. **Check the list of contraindications:**
 - any virus and bacterial diseases in an active stage, immune system disorders: autoimmune diseases, immunodeficiency, including HIV, herpes in exacerbation stages, virus/allergic conjunctivitis, psoriasis, neurodermatitis, allergic diseases, cancer diseases,
 - Roaccutane and retinoids.
 - allergy to topical anesthesia components such as Lidocaine, Prilocaine, Benzocaine, Tetracaine and Adrenaline (Epinephrine)
 - allergy to metals such as Iron, Titanium, Nickel which can be in composition of some pigments.
 - dermal diseases, atypical changes of integuments, including benign and malignant tumors, pigmentation abnormalities, including erratic ones,
 - diabetes mellitus, any serious illness of internals a renal, liver failure,
 - predilection of a skin to form keloids,
 - hemophilia and other abnormalities of coagulability of a blood, high blood pressure, alcoholic or drug intoxication, epilepsy or mental disorders,
 - hormonal diseases, pregnancy and breastfeeding period (especially in the beginning), therapy period of antibiotics, hormonal drugs, drugs influencing change of coagulability of a blood.

If the you are under one of these states it is recommended to cancel the procedure or proceed with written consent of your GP.

*****Please make sure you ask questions about any medication you may be taking.**

Cosmetic tattooing procedures require long appointment times; allow up to 4hours and please be mindful of this if you to reschedule appointments.

Minimum 72hours is required to reschedule or cancel.

Contact Sheena for further questions if required

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